**To My Daughter Ana On Christmas Day**

*December 25, 1992*

Life can flow

All you know

Gone in the blink of an eye.

Take one breath

One heart's beat

One birth

One death

One sigh.

One soul rests for

A moment on

The journey so sublime.

The sky beyond

The body holds

The moment beyond time.

And what brings this

Poor spirit peace?

Comfort?

Strength

So kind?

The knowledge that

You are my seed.

A future.

Endless.

Mine.